# FALL 2022 MIDDLE SCHOOL / HIGH SCHOOL RECREATION

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UNIFIED BASKETBALL

**VARSITY XC** 

INTRAMURAL XC

**TENNIS CLUB** 

**HIP HOP DANCE** 

**BUILDERS CLUB** 

COMMUNITY TAEKWONDO

#### TUESDAY

INTRAMURAL SOCCER

**VARSITY XC** 

HIKING CLUB

**TENNIS CLUB** 

**PAINTING CLUB** 

YOGA CLASS

**GIRLS GROUP** 

# WEDNESDAY

UNIFIED BASKETBALL

**VARSITY XC** 

HIKING CLUB

**FITNESS CENTER** 

**PLAY PRACTICE** 

MOVIE SCRIPT READING

### THURSDAY

INTRAMURAL SOCCER

VARSITY XC

HIKING CLUB

COMMUNITY DANCE
HEROS

**BOOT CAMP CLASS** 

CHORUS

**PLAY PRACTICE** 

EVENING MINDFULNESS
& STRETCH

#### FRIDAY

UNIFIED BASKETBALL

**VARSITY XC** 

**INTRAMURAL XC** 

**FITNESS CENTER** 

DUNGEONS & DRAGONS

**ARTS & CRAFTS** 

**MUSIC MAKING** 

# SATURDAY

COMMUNITY YOGA CLASS

COMMUNITY TAP

COMMUNITY DANCE EXPRESSION

### SUNDAY

COHEN INTRAMURAL LEAGUE

CLASS

COMMUNITY
INDOOR CYCLING

**ZOOM ART CLASS**