

A TYPICAL RIVERVIEW MS/HS DAY

MORNING SCHEDULE:

6:30-7:15am	Wake up, shower, dress for school, morning routine
7:25 & 7:45am	Two breakfast seatings
8:10am	Depart for school

The academic day is divided into six one-hour blocks and students receive instruction in Reading, Writing, Math, History and Science. During the senior year, Science is replaced with Vocational and Community Exploration where students participate in disability awareness discussions, Human Sexuality, Health, and begin to explore the vocational world. Students also have elective classes such as physical education, art, drama, technology, music and musical theatre.

SAMPLE ACADEMIC SCHEDULE:

8:10-8:30am	Homeroom (Day students arrive at 8:00am)
8:30-9:30am	Reading
9:30-10:30am	Writing
10:30-11:30am	Elective
11:30-12:00pm	Lunch
12:00-1:00pm	Math
1:00-2:00pm	History
2:00-3:00pm	Science/Vocational and Community Exploration for Seniors
1:00-3:00pm	Project-Based Learning (<i>for Middle School students only</i>)
3:00-3:30pm	Return to dorm, change, snack, prep for after school activities
3:30-4:30pm	After School Activities (Day students depart at 4:45pm)

Afterschool activity choices may include:

- Sports Team Practices/Games (vary by season)
- Wellness (workout facility)
- Beach Walk
- Art
- Open Tennis
- Hiking
- Creative Cooking
- Disney Club
- D'Ja View Chorus
- Arts & Crafts
- Photography
- YMCA (to swim or workout)
- Glamour Girls
- Dance Heroes

A TYPICAL RIVERVIEW MS/HS DAY CONTINUED

Afterschool activity choices continued:

- M.A.D. (Music, Acting & Dance)
- Flag Football
- Library
- Garden Club
- Sign Art
- Dungeons & Dragons
- D'Ja View Band
- DJ Club
- Healthy Habits Club
- Book Club
- Helping Hands Club
- Rock 'N' Roll Club

5:00-6:30pm Dinner, chores, social time

6:30-7:30pm Homework hour in dorm

7:30-9:30pm Leisure time in dorm (board games, watching a movie or a show, socializing with friends), bedtime routine

8:00-9:00pm Students have the option of open gym for sports or working out at the Cohen Center

8:30-10:00pm Lights out (determined by age)

Students participate in 5-6 Saturday Enrichment days per calendar year.

WEEKEND ACTIVITIES MAY INCLUDE:

- Independent Outings
- Laundry sorting
- Needs/wants shopping
- Religious Services
- Dances
- Movie Night in the Auditorium
- Arts & Crafts Activities
- Major and Minor League Sports Games
- Trips to Malls and Shopping Centers
- Wellness Center Workouts
- Canal/Beach Walk/Hiking
- Musicals (in Boston or Providence)
- Karaoke Nights
- Museums on Cape and off
- Laser Tag
- Ski Trips
- Game Nights